

PATHS TO SUCCESS

Feelings/Emotions

Tips on how to promote use of Feeling Face card/dictionaries and emotional vocabulary.

- Generalise using the Feeling Faces/dictionaries to other lessons.
 - For example, in English, drama and history ask the pupils to use the Feeling Face/dictionary to think about how a character or figure may be feeling.
 - In maths or science where it may be harder to generalise use of the Feelings Faces/dictionary, ask the pupil to use them to describe how they feel when they are trying to solve a difficult problem and how they feel when they are able to overcome it. Also collect data on how many pupils are feeling each emotion and create tables/graphs.
- Elaborate on the Feeling Faces/dictionaries, to get the pupils understand why they are feeling a certain way.
- Allocate a specific time of day to use the Feeling Faces/dictionary (for example, before break/after lunch). As it can be difficult to always use the Faces/dictionaries throughout the day, if there is a specific time set aside this makes sure the cards get used and the pupils gain practice in using them.
- Use Feeling Face cards/dictionaries to identify problems
 - If you sense an issue in the class ask pupils to show their Feelings Face cards/dictionaries as this may allow you to get to the root of the issue.
- Teacher/TA can wear their own Feeling Face cards showing how they feel (or have them displayed where pupils can see them) in order to model use of the cards.
- Ask pupils to personalise their Feeling Face cards/dictionaries in order to help them consider their OWN feelings.

