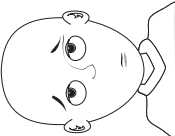
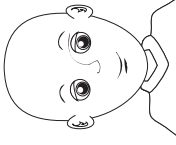

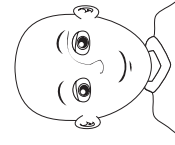
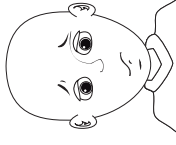
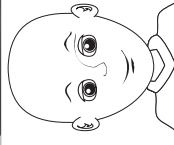
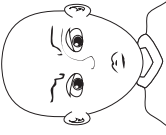
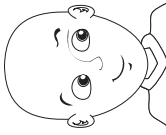


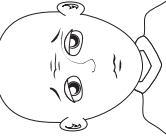
B

Y

	Bored	u
	When something is dull or tiresome or there is nothing to do and we are not interested in anything.	
	Brave	c
	When we are not afraid to face our fears because we have courage.	

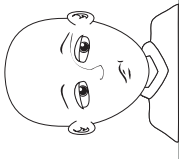
	<p>Calm</p> <p>When we feel peaceful, safe and quiet inside.</p>
	<p>Comfortable</p> <p>When something feels pleasant or soothing to us.</p>
	<p>Confident</p> <p>When we feel certain about something or we know what we are doing.</p>
	<p>Confused</p> <p>When we don't understand something or we feel uncertain and mixed up.</p>
	<p>Content</p> <p>When we feel happy with who we are or with what we have.</p>

	<p>Cross/Angry</p> <p>When we feel angry because we can't do what we want to do.</p>	U
	<p>Curious</p> <p>When we are eager to know or learn about something.</p>	C

	<p>Worried</p> <p>When we don't know what will happen in the future and we feel uneasy.</p>	U

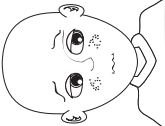

V

D

	<h2>Disappointed</h2> <p>When something doesn't happen the way we hoped for, or we don't get something we want.</p>	<h2>u</h2>

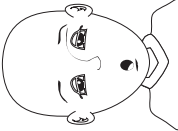
E

U

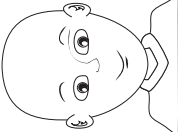
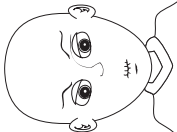
	<p>Embarrassed</p> <p>When we make mistakes or do something foolish that we think others will laugh at or judge.</p>	U
	<p>Excited</p> <p>When we feel eager or enthusiastic about something.</p>	C

	<p>Uncomfortable</p> <p>When something feels unpleasant to us or we don't like it.</p>	U
	<p>Upset</p> <p>When something is bothering us or we experience an uncomfortable feeling.</p>	U

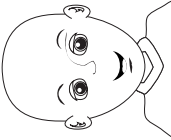
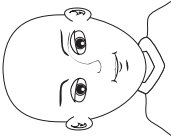
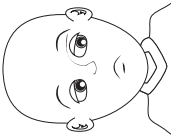
T

	<p>Tired</p> <p>When we feel really worn out or out of energy.</p>

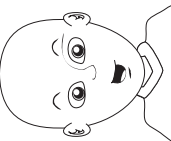
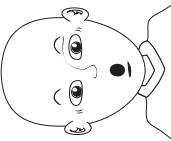
F

	<p>Fine</p> <p>When everything is alright or OK and nothing is bothering us.</p>
	<p>Frustrated</p> <p>When we try very hard to do or get something and it doesn't work out the way we wanted it to.</p>

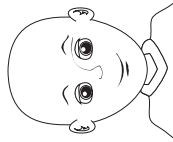
G

	Generous	C
	When we care about how others feel and we want to share with and give to other people.	
	Greedy	U
	When we are selfish and we want to have as much as we can for ourselves; we don't want to share.	
	Guilty	U
	When we do something we're not supposed to do and we feel badly inside about it.	
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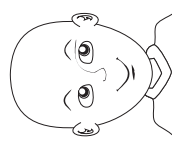
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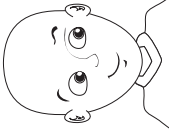
	Surprised	C
	When something happens that we don't expect.	
	Surprised	U
	When something happens that we don't expect.	
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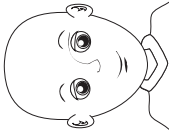
S

	Sad When something bad happens or someone hurts us and we feel unhappy.	U
	Safe When we feel we are free from danger and everything is OK.	C
	Satisfied When we are happy and content with what we have or with who we are.	C
	Scared/Afraid When we feel frightened, fearful or afraid about something.	U
	Shy When we are afraid to be around other people or when we have to do something that other people watch.	U

H

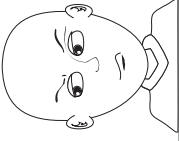
	Happy When we are glad about something or we really enjoy something.	C
	Hate When we feel very strongly about not liking something.	U
	Hopeful When we really want or wish for something.	C
	Humiliated When we feel ashamed, embarrassed and sad because of something we did or something someone said.	U

	Interested When we really want to know or learn about something.	C

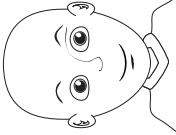
	Rejected When we think that others don't care about us or want to be around us and we feel left out.	U
	Relaxed When we rest and enjoy feeling calm and comfortable.	C

Q

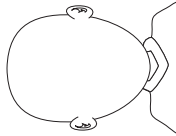
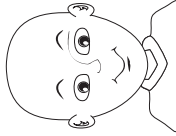
J

	Jealous When we wish we had something someone else has or that we could be like somebody else.	u

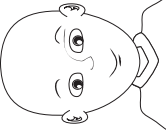
K

	<p>Kind</p> <p>When we are nice, friendly or generous to others.</p>	C

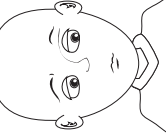
P

	<p>Private</p> <p>When we want to keep our feelings to ourselves or we feel we need some time alone.</p>	u/c
	<p>Proud</p> <p>When we do something well we feel worthwhile and good about it. We can also be proud of others.</p>	C

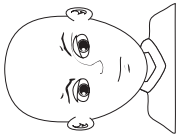
O

	<p>OK</p> <p>When nothing is bothering us, everything is alright and we feel fine.</p>

L

	<p>Lonely</p> <p>When we wish there was someone else with us and we feel alone and sad.</p>

M



Malicious

When we want to hurt other people on purpose and we feel happy about it.

U

Mean

When we feel like doing cruel things to others on purpose.

U

N

Nice

When we feel like we want to be kind, polite and pleasant to others because we care about their feelings.

C