

PATHS TO SUCCESS

Promoting mental health, improving behaviour and increasing attainment in primary education



The University of Manchester invites you to a free, one-day event about the Promoting Alternative THinking Strategies (PATHS) curriculum. PATHS is an evidence-based programme for all children that is designed to help them manage their behaviour, understand their emotions and work well with others.

The University are leading a research project, "PATHS to Success", that will examine the impact of PATHS on a range of outcomes (including mental health, behaviour and academic attainment) for pupils in Key Stage 2. Any mainstream primary school in Greater Manchester is eligible to participate. This event will include presentations from Barnado's UK on the curriculum itself, schools in Birmingham on their experiences of using it, and University of Manchester staff on what participation in PATHS to Success will entail. Lunch and refreshments will be provided. Places are limited and will be allocated on a first come, first served basis – so email alexandra.barlow@manchester.ac.uk as soon as possible to make a booking for your school.

What is PATHS?

PATHS helps children manage their behaviour, understand their emotions and work well with others. It is a 'universal' programme in which all children in a given class take part. PATHS is supported by a very strong international evidence base. The programme consists of a series of lessons that cover topics such as identifying and labeling feelings, controlling impulses, reducing stress, and understanding other people's perspectives. It is designed to be delivered by teachers for about one hour per week (usually 3 x 20 minute sessions). School staff receive initial and follow-up training, and are supported in the process of implementing the curriculum by an assigned PATHS psychologist.

A more detailed overview of the programme can be found at: www.prevention.psu.edu/projects/PATHSCurriculum.html

Friday 2nd March 2012

Armitage Centre, Fallowfield

10.00am – 3.00pm

Paul Edwards, Barnado's UK

What is PATHS and how can it help to improve outcomes for children in primary education?

Tony Lacey (Arden Primary School) and Therese Allen (Wychall Primary School), Birmingham Local Authority

Building Brighter Futures: experiences of implementing PATHS in our schools

Professor Neil Humphrey, University of Manchester

The PATHS to Success research project: what schools will get and what we need in return